

the toothbrush, and of the handkerchief should also be taught.

HONOURABLE MENTION.

The following competitors receive honourable mention:—Miss E. S. Lewis, Miss Catharine Wright, Miss Alice M. Burns, Miss M. G. Bielby, Miss P. Thompson.

STANDARD CURRICULUM FOR SCHOOLS OF NURSING.

(Concluded from page 361.)

OUTLINES OF SUBJECTS.

These are divided into the fields of General Science, Household Science, Disease Prevention, Therapeutics, Nursing and Disease, Social and Professional Subjects, and Special Branches of Nursing. The objects of the course, the outline of classes and laboratory work, the methods of teaching and equipment necessary, and the text and reference books are given in connection with each section. Thus, under "Hospital Housekeeping," the objects of the course are given:—(1) To give the student a better understanding of the principles and methods of good housekeeping, and to make her appreciate their fundamental importance in nursing work; (2) to enable her to exercise intelligence and economy in the proper selection, use and care of the materials and equipment relating to her work, and to develop a high degree of efficiency in the technique and organization of housekeeping measures.

DISEASE PREVENTION.

In the section of "Disease Prevention," under "Personal Hygiene," the objects of the course are thus defined.

(1) To impress upon the pupil nurse the paramount importance of good health, and to help her to protect herself and keep herself well through understanding and practising the fundamental laws of health.

(2) To show the close relationship of hygiene to all nursing work; to emphasize the teaching function of the nurse, especially in matters relating to hygiene; and to develop a rational and scientific attitude toward the whole question of health preservation and disease prevention.

(3) To teach a few general exercises which will help to strengthen special muscles and keep the whole body in good condition. To establish habits of regular outdoor exercise.

MATERIA MEDICA AND THERAPEUTICS.

This course is to be given in the second half of the first year, preferably by a physician, following one given in the preliminary course on Drugs and Solutions, in which the teacher should be the instructor of nurses (preferably) or the pharmacist.

The objects of the course are:—

(1) To continue the study of drugs from the standpoint of their therapeutic action, emphasising the accurate and intelligent administration of medicines, and the observation and reporting of results.

(2) To teach pupil nurses enough about the nature and therapeutic action of drugs so that they may understand the general purposes for which different drugs are ordered, may co-operate intelligently with the physician in his effort to get the best results from the drug, and may appreciate the importance of observing the after effects, particularly watching for any dangerous or untoward effects from drugs.

(3) They should also be familiar with the toxic doses of all the more dangerous drugs, so that they may better safeguard the patient from possible errors and mistakes. Every nurse should know the antidotes for all common forms of poisoning, and should be ready to render first aid in such cases.

SOCIAL AND PROFESSIONAL SUBJECTS.

Under "Social and Professional Subjects" "Professional Problems" are dealt with, the objects of the course in this instance being—

(1) To anticipate some of the problems which will confront the pupils when they graduate, and to help them to meet their difficulties in a rational, high-minded, and effective way.

(2) To awaken their interest in professional organizations, and to secure their enthusiastic co-operation in advancing the mutual interests of the public and their own profession.

Special problems of the private nurse, the public health nurse, and the institutional nurse are considered in courses on these subjects.

In the outline of classes one section is devoted to "National Nursing Organizations and Publications." This deals with the development, main activities, and general plan of the American Nurses' Association, League of Nursing Education, and National Organization of Public Health Nursing. State and local branches. Publications and reports. The nursing press—*American Journal of Nursing*, *Public Health Nursing Quarterly*, *Nurses' Journal of the Pacific Coast*, and other publications. Dangers in commercialization of nursing publications.

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